

How to Develop speech, language and Communication skills at HOME!



Develop attention and listening skills:

1. **READY STEADY GO:** use bubbles, crawling through a tunnel, marble run, knocking down a tower, rolling a car adults say 'READY ,STEADY GO' Children have to wait for you to say 'go' before you blow bubbles, they pop bubbles, you let go of the marble, they can crawl through the tunnel or they can knock down the tower
2. **Follow the leader:** perform an action and your child has to copy it. Clap hands, stamp feet, jump up and down, run on the spot, turn around, touch nose, touch head, sleep, walk.
3. **Copying a simple rhythm: BANG ON THE TUB:** the adult has a tub/drum/box/saucepan and your child does too. The adult makes a beat with their hand /spoon and the child has to copy the beat. 'Boom boom' 'boom boom boom' 'boom boom boom boom' step it up make it fast or slow.

Develop play skills: SPECIAL TIME

A box of toys : with lego/blocks, trains,cars, animals, insert puzzles, dolls,teddies, clothes, cup, plate, pretend food, bubbles,books

Special time 10-15 minutes a day sat on the floor with your child

1. Follow your child's lead: sit and wait for them to start
2. Let them choose the toys
3. Play with them or play next to them with a similar toy
4. Comment using single words : say what they are playing with 'car' 'train' 'bricks' 'doll'
5. Smile and give specific praise: for example if they have put some bricks together say 'that was super building'
Have fun!!!!

Develop communication skills by Making opportunities:

Give your child a choice

Make sure the choices are out of reach so they have to communicate with you to get what they would like. They can point/gesture/or talk then you give them the one they have chosen.

1. Offering a drink or a snack:
For example: do you want 'milk' or 'juice' ? show both choices
If they point to the drink then say the word 'juice' give them their choice. If they say the drink they choose repeat the word to confirm 'you choose juice,' 'juice' then give it to them
2. Choosing a toy /game : show them a choice of 2 or 3
3. Choosing a DVD: hold up 3 choices and say them
4. Choosing a bedtime story : show them 3 ,you can say main word of the story. E.g teddy's bedtime or frog races or silly car races. You say 'would you like 'car, teddy or frog story ?' holding them up as you say them.



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